

Upper Mustang Trekking



Detailed Itinerary

Day 01 Arrival Kathmandu and be meet by our representative at airport. Transfer to hotel. (1350m) Upon your arrival, our representative will pick up you from international airport and transfers you in Hotel. If time permits, we walk around Thamel. You also can have the opportunity to shop your trekking equipment. Guide will help you. Overnight at Hotel.

Day 02 Kathmandu Guided Tour Guided your in world's heritage sites. We can cover Pashupatinath temple, Boudhanath stupa and Kathmandu Durbar square. Evening briefing and meeting with guide/porters.

Day 03 Drive to Pokhara/ Evening sightseeing around Pokhara. (6 Hours – 827m) Drive with tourist bus to Pokhara. 6 hours driving on hilly road is more attractive with natural hillside, typical settlement, croppy field sides and Rivers. Overnight at Hotel.

Day 04 Fly to Jomsom and trek to Kagbeni (4 Hours - 2,800m) Your trekking journey starts from today. Early in the morning drive to Pokhara airport for flight to Jomsom. 15 minutes flight to Jomsom is flight over Mountain all the time. You will explore Mt. Fishtail, Mt Dhaulagiri, Gangapurna, Annapurna range and many more. Easy trek to Kagbeni and overnight at Local Lodge.

Day 05 Trek to Chele (7 Hours - 3,050m) You are entering today to Upper Mustang restricted area. After crossing checking post, trekking trails follows bank of Kali Gandaki River, and it is keep climbing and descending. Overnight at Local Lodge.

Day 06 Trek to Eklo Bhatti (6 Hours - 3,820m) Trekking at steeply up today, we reach at less vegetated land and it is as Tibetan plateau. Though you will see Apple plantations most of the places. We also cross Taklam Pass of 3,625 meter from where explore excellent view of Tilicho peak, Yakawa Kang, Nilgiri Himal and Damodar hill. Overnight at Local lodge.

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Day 07: Trek to Ghame (4 Hours - 3,520m)We trek shorter hours today comparatively other days. Trekking path today with high passes and climbing up hills. Cross Yamda pass (3,850m) before lunch and Nyi pass (4,010m) after lunch through local villages of Tibetan styles, Chortens, and off course Himalayas views. Overnight at local lodge.

Day 08 Trek to Tsarang (4 Hours 3,500 m)Easy walking today, by crossing typical Tibetan Mani walls. You can view huge Dzong, red Gumpa and maze fields. You will have time to explore and hike around Charang village after your lunch. Overnight at local lodge.

Day 09 Trek to Lomanthang (5 Hours - 3,700 m)Trek finally reach at capital of Mustang. Entering Lo Mangthang through the town gate, you feel entering in different world. This town is a medieval town, surrounding by huge town wall. You can view magnificent view of Mt. Annapurna, Nilgirin Tilicho and Bhrikuti peak. Overnight at local lodge

Day 10 Explore Lomanthang 5-6 hrs round tripLo-Mangthang is still place of Kingdom but king doesn't have any real power anymore. King is still highly respected by local peoples. Whatever decisions have to make in community that comes from King. Today we explore beautiful big monasteries. Thugchen Gumpa, build in 15th century, Amchi museum and Amchi school. Overnight at local lodge

Day 11 Second day of exploration Lomanthang 4/5 hours round tripAround 5 hours of explore Namgyal monastery, Tingkar Monastery and the valleys to the west. come back to lodge for overnight.

Day 12 Trek back to Tsarang (6 Hours - 3,500 m)We start our trekking back from Lo-Mangthang to Charang. Overnight at Local Lodge

Day 13 Trek to Tangee (6 Hours - 3,240m)Trek back to Tangee and overnight at local lodge.

Day 17 Fly back to Pokhara Early in the morning, walk to Jomsom Airport and fly back (15 Minutes) to Pokhara. Relax and overnight at Hotel.

Day 18 Drive to Kathmandu Fly to Kathmandu. you also have option to choose either (25 Minutes) to Kathmandu. Fairwell at Nepali cultural restaurant. Overnight at Hotel

Day 19 Final Departure Drop you to International airport of Kathmandu

Trip Facts

Destination:Nepal

Total Duration:19 Days

Trip Grade:Moderate

Meals:Breakfast Only

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Transportation: Private vehicle, Tourist bus, Aeroplane

Recommended Month: April-November

Cost Include

Airport picks up and Drop by private car/van/bus.

Accommodation in Kathmandu & Pokhara on twin sharing basis with breakfast (on the arrival day and after the trekking)

Kathmandu valley guided tour with private car, tour guide and entrance fees

Flight Kathmandu – Kathmandu -Pokhara - Jomsom - Pokhara - Kathmandu

Breakfast in entire trip

All accommodations in lodges/tea houses during the trek

Upper mustang restricted area permit (USD 500 for 10 days)

Annapurna conservation Area permit (ACAP)

Salary, Food, equipment, Accommodation, Transportation and Insurance for the Guide and Porter

Medical supplies (first aid kit)

All government taxes and service charge

Emergency evacuation arrangement

Cost Exclude

Travel & Medical insurance

Personal expenses

Alcoholic and non alcoholic drinks

Lunch and Dinner in Entire trip allow US\$15-20 per day

International airfare

Tips for the guide and porter