



Ex Kathmandu 31 March – 11 October 2026

On this **11-day adventure** through the heart of the country, we'll show you the magic of the Himalayas. On this journey you will be joined by a group of like-minded women to experience village life among Nepal's ethnic minorities, who will open their quiet hillside homes to you. Learn traditional skills from local experts like the ancient art of pottery making and cooking Nepalese food. This trip has just about everything for those who do not wish to hike or even pack a pair of boots. On day 3 you will experience your first view of Mount Everest from a plane, you will even be granted a window seat. Travel to the plains of Chitwan jungle situated 50 klm from India. Sit on top of an elephant in the heart of the jungle, you may get the chance to see a Rhino or Bengal Tiger. I have had this experience twice and it is awesome!! The accommodation is unique with a combination of traditional architecture 3-4-star hotels, jungle lodges, and homestays situated high in the mountains overlooking fantastic views of Phewa Lake. Life doesn't get better than that! Experience off the beaten track with your family or a group of like minded friends, exploring new things and absolutely enjoying the time of their lives.

Day 01: Arrival Kathmandu. 31st March 2026 Met and Transferred to the cultural centre of Nepal Bhaktapur. **BHAKTAPUR:** meaning the City of Devotees, this place is the home of medieval art and architecture. Lying 14km/9 miles east of Kathmandu City, this place was founded in the 9th century and is shaped like a conch shell. The city is at the height of 5,600ft above sea level. In Bhaktapur you will visit the Durbar Square with its array of temples overlooked by the Palace of 55 Windows built by King Bhupatindra Malla, The Nyatapola Temple. This temple also built by King Bhupatindra Malla, is the best example of the Pagoda style and stands on five terraces on each of which stands a pair of figures, two famous strong men, two elephants, two lions, two griffins and two goddesses.

Day 02: Bhaktapur 1st April 2026 Wake early for a yoga class with the locals this is certainly an experience to behold. Return to your hotel for breakfast then it is a ½ day sightseeing of Bhaktapur. Afternoon free to explore **Overnight hotel Bhaktapur Meal (B)**

Day 03: Kathmandu – Mount Everest flight - Chitwan 2nd April 2026 It will be an early departure to the airport with a packed breakfast to take a scenic flight over Mount Everest. On our return to the airport, we will then fly to Bharatpur an airport close to Chitwan Wildlife Reserve. Met and transferred to our hotel in Chitwan arriving at your resort in time for lunch. Afternoon activities will be organized by the hotel. **Meal (BLD)**

Day 04: Chitwan Wildlife Reserve 3rd April 2026 Enjoy a full day of activities, elephant riding, visit to the elephant breeding centre, canoe ride down the Rapti River, and short jungle walk. During your stay you will be accompanied by a naturalist. **Hotel (BLD)**

Day 05 Chitwan – Pumdi Bhundi Village 4th April 2026 After a leisurely breakfast we will continue our drive to Pokhara which will take approximately 4.5 hours depending on traffic delays. On arrival in Pokhara we will drive to the Tibetan Refugee Camp. Pokhara is home to thousands of Tibetan refugees, the majority of whom live within the four refugee settlement camps namely Tashi Palkel, Tashi Ling, Paljorling and Jampaling. These camps, some in existence since the

mid-1960s, were originally meant to provide temporary shelter to Tibetan refugees but have turned into permanent settlements. If you are visiting Pokhara and are interested in learning more about the history of Tibetan refugees in Nepal, then a visit to these settlement camps is one of the best things to do. Tashi Ling is charming and gives a full portrait of the lives of Tibetan refugees. Around 100 Tibetan families live inside this settlement which has a Buddhist monastery, a school, a carpet factory. Most families are engaged in small businesses. After your visit you will take a short drive to Pumdi Bhundi village and your Homestay for the night. **Meal (BD)**

Day 06: Pumdi Bhundi – Pokhara 5th April 2026 This morning takes us on a short walk to the ridge where we can see magnificent view of the Annapurna Range and Phewa Lake. Watch in wonder as the colours dance over the top of the mountains, displaying nature in its true form. Return to our hotel for breakfast then transfer to Pokhara. The afternoon you will have free time to enjoy Pokhara, and maybe take a boat ride on the beautiful Phewa Lake, everything is in walking distance from your hotel. **Overnight Hotel (B)**

Day 7 Pokhara – Lwang Village 6th April 2026 Drive to Lwang village (1500 Mtrs) After a leisurely breakfast you will have some time to explore the many shops in Pokhara and enjoy lunch at one of the many cafes beside the lake. Mid-afternoon you will transfer by car for a 2-hour drive to Lwang village reaching the village around 4 pm
Accommodation: **Lwang homestay Including Meal: (BLD)**

Day 8 Lwang village 7th April 2026 activities Lwang village is one of the most beautiful places near natural city Pokhara. It is 1550m altitude above the sea level. It is mainly called as a Gurung valley because the valley is Gurung dominated which is one of the ethnic groups of Nepal. The place is not only beautiful but also the people of there are kind-hearted and much friendly. This village is inhabited mainly by Brahmin, Chettri, Gurung, Tamang and Newar peoples. Therefore, the visitors going to the village can get the opportunity to experience about the culture of various races and castes. The visitors will stay in one of the community homestays with the lovely Gurung

family and enjoy their warm hospitality. The meal served by local host is made up of local products and fresh garden. Tourist also can take participate, learn the village lifestyle, observe feeding, milking cattle, churning yogurt and making butter. Learn about their custom and help them preparing your meal in their own style. **Meal: (BLD)**

Day9: Lwang – Pokhara Kathmandu 8th April 2026 This morning you will enjoy an early morning hike through the tea gardens of Lwang village. Return for breakfast before returning to Pokhara airport for your flight to Kathmandu . Free evening to explore the most exciting vibrant districts of Kathmandu **(B)**

Day 10. Kathmandu 9th April 2026 for those who are early risers your guide will meet you in the lobby at 530am to witness what sunrise feels like at Swayambhunath

At first light on the hill of Swayambhunath, Kathmandu is still half-asleep. The air is cool, often misty, and the valley below is quiet. As you climb the stone steps, you hear soft **murmured mantras**, the gentle *click-click* of prayer wheels, and the faint ringing of bells.

After return to your hotel for a leisurely breakfast Next come Bouddhanath which is a Buddhist shrine and one of the large Stupas in the world. Later after the sightseeing program you will return to your hotel in Thamel. Remainder of the afternoon free **Overnight Hotel (B)**

Day 11. Kathmandu. 10th April 2026 Today you will have some free before boarding your flight home

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Day 12 Arrive Australia 11th April 2026

Cost \$2200 per person (50% discount for children under 10)

includes.

1. International and domestic airport pick up and drop.
2. Gully Escorted by a registered experienced Nepales guide
3. Kathmandu sightseeing with all entrance fees to Bhaktapur, Swayambhunath Boudanath
4. Everest Mountain flight

5. Kathmandu/ Bharatpur/ Pokhara/Kathmandu flight
6. Chitwan National Park – Pokhara tourist bus
7. 2-nights Bhaktapur
8. 1 night Homestay Pumdi Bhundi village
9. 1-nights Pokhara
10. 2-nights Lwang Village
11. 2 -nights Chitwan all-inclusive Safari package
12. 2 - nights Kathmandu including breakfast.
13. All tax and services charges
14. Farewell dinner in Nepali culture restaurant
15. Meals stated in the itinerary.

Cost not included.

1. International flight ticket and Nepal visa
2. Meals not stated.
3. Personal expansive
4. Tip to guide and driver.

WHAT TO EXPECT ON YOUR TRIP

Level Easy

So long as you have a general level of health and fitness, you should not have any issues. Of course, there will be days where you will be walking and spending a lot of time on your feet. Daily activities include city walks and getting on and off various forms of transport. There is an optional 2-3 hour walk in the programme.