

Cape to Cape Track Guided Walking Tour

20 October 2020 Ex Perth

One of Australia's best walking trails! A guided walking tour of its entire length. The Cape to Cape track is the only way to see the beautiful Margaret River coastline.

\$2,300pp – 8 Days ex Perth, moderate terrain, 135km

We make an end to end walk on Western Australia's iconic Cape to Cape Track achievable and enjoyable on this 8- day tour with 7 days of walking. You're never far from the famous Margaret River coastline on this walk – taking in cliff-top vistas, white sand beaches and clean ocean air. Carry only a day pack as you enjoy the amazing sights of one of Australia's greatest multi-day walks.

By walking the 135 km Cape to Cape Track as a series of day walks in graded stages, people with a moderate level of fitness can complete the walk. Preparation will make the experience all the more enjoyable. Excellent home- made food, comfortable lodge style accommodation and knowledgeable guides will complement your trip.

Join us on a Cape to Cape Track end to end tour this year and tick this amazing walk off your bucket list. The trail has its challenges but this is an achievable walk which you'll look back on with a great sense of satisfaction.

Our Cape to Cape Track Guided Walking Tour at a glance:

- 7 days of walking on an 8 guided walking tour
 - 135km of moderate walking (options to shorten day 2,4,5 and 6 for those looking for easier walks)
 - Tour starts/finishes Perth or Fremantle
 - Includes 7 nights accommodation.
 - Includes all meals except lunch on the final day
 - Small group (max 13)
 - 2 professional guides
 - \$2,300 twin share or \$2,700 for your own room
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- An experienced guide will accompany you each day as you walk between 14 and 25 km. There is no such thing as an easy day on the Cape to Cape track; but, with a moderate level of fitness, they are all enjoyable! There are some steep sections, and beach walking can be challenging, so we recommend training. Each day we will resume the walk from where we finished the previous day. Please note that on some days there are options to walk half a day; and you are always welcome to take a day

off. We will try to help you find suitable alternative activities if you desire. The itinerary may alter depending on local conditions and weather.

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- **Day 1: Drive from Perth, walk Cape Naturaliste to Yallingup**

- [14 KM](#)

- Departing from Perth at 8am, we reach Cape Naturaliste by lunch time. Enjoy the first of many fresh picnic lunches for the week on the lawn at the Cape Naturaliste Lighthouse and get to know your companions for the week.
- Today's walk on the Cape to Cape track is relatively easy with mostly cliff-top and some beach walking. Keep an eye out for dolphins!
- Note, as we walk on the first afternoon, please wear your hiking clothes on the bus and bring your day pack ready to go. After our walk the bus will meet us at Yallingup and then we will drive to Margaret River.



- **Day 2: Yallingup to Moses Rock**

- [18 KM \(OR 10KM OPTION\)](#)

- Some beach walking in the morning, and superb coastal views all day. The red granite boulders, white sand beaches and turquoise waters can be gobsmackingly beautiful.
- We'll have lunch at the surfing Mecca, Injidup, visit Quinninup Falls and finish with ocean views at Moses Rock.



- Day 3: Moses Rock to Gracetown

- [16 KM](#)

- This is a great day, and relatively easy – although there are a few hills and some sandy patches. The magnificent sweeping views of the coast from cliff-top vantage points, and the towering red rocks of Willyabrup are two of many highlights.
- If the weather's nice, you might enjoy a refreshing swim in the sheltered bay at Gracetown. Or just soak those feet as you reflect on another great day on the Cape to Cape track.

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- Day 4: Gracetown to Margaret River mouth

- [18 KM \(OR 12KM OPTION\)](#)

- It's fairly easy walking among coastal heath to Ellensbrook historic homestead, where you can enjoy morning tea and explore the grounds. The track then takes an inland route, which gives us a good appreciation of the landscape away from the ocean for a while.

After lunch we're back on the coast, and a very pleasant beach walk takes us to Cape Mentelle. We finish the day at the Margaret River mouth – a good place for a swim if it's warm.

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- Day 5: River mouth to Boranup Forest

- [25 KM \(OR 14KM OPTION\)](#)

- A very varied day today! We'll head inland again to start with, and enjoy morning tea beside the Boodjidup Brook. A beach walk takes us to Redgate for lunch and then a spectacular stretch of cliff-top walking sees us reach shady Contos Campground by afternoon tea.
- The final part of the day is through the cool peaceful forest on firm, easy tracks. It's a wonderful end to a wonderful day on the Cape to Cape track. Despite the distance, today is not usually considered the most difficult.

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- Day 6: Boranup Forest to Cosy Corner
- [21 KM \(OR 14KM OPTION\)](#)
- This morning we continue through the karri forest before making our way down to the aqua-blue waters of Hamelin Bay. This 6 km beach stretch can be very enjoyable, with the right mindset. Enjoy the peace, the view and the moment as you walk into Hamelin Bay for a picnic lunch.
- After lunch it's a short but challenging hike up to the tiny Foul Bay Lighthouse, with sweeping views back along the coast. Then before you know it, you'll reach the end of another beautiful day.



Day 7: Cosy Corner to Cape Leeuwin

[21 KM](#)

This can be an exciting last day, especially if it's windy! Much of the walking is along a limestone ledge close to the sea, complete with blowholes!

There is a long beach stretch where you can daydream about all that you've achieved this week. After that we head inland, occasionally sighting the Cape Leeuwin Lighthouse, signalling the end of your walk. Your Cape to Cape track 'end to end' journey officially finishes at the Cape Leeuwin waterwheel but we'll take a walk up to the lighthouse, if time permits. Tonight we will celebrate your wonderful achievement!

Day 8: Return to Perth Enjoy a sleep in and a leisurely breakfast this morning before we drop you into Margaret River where you can enjoy a coffee and perhaps a spot of shopping. Pick up some take-away lunch (own expense) before we head back to Perth, arriving by mid afternoon (usually between 2.30 and 3pm).

- Details about accommodation, what to bring, transportation, food, etc.

Accommodation

The accommodation for our guided Cape to Cape track walking tours is at the Margaret River Motel, which is located in a lovely quiet nook, walking distance to the Margaret

River township. The rooms are spacious, clean, twin share/double motel style rooms with ensuite's and run by fabulous and helpful staff. Single supplements are available at an additional charge, please contact the office for availability if you are interested in one. Single supplements are not mandatory for solo travellers, we will room solo travellers with a fellow solo traveller of the same gender.

We stay in one location for the duration of our Cape to Cape track tour. This means that you can unpack your bags once and just relax for the week.

For breakfast and evening meals we will come together in the Motels dining area. These are lovingly prepared by the guides and are delicious and healthy. Each day on the track you will enjoy our famous baked cakes for morning teas.

- **What to bring**

- We will send you a full list of recommended clothing and equipment when you book, as well as some tips on how best to prepare for walking the Cape to Cape track. Please note you do not need to bring bath towels or linen. There is plenty of time to pick up extra supplies and alcohol during the week.

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- **Food**

- All meals are included, with the exception of lunch on the last day, when you can pick up something in Margaret River on the way home. Breakfast comprises cereals, fruit, yoghurt, toast, juice, tea and freshly brewed coffee. Each day your guide will carry tea, coffee and a home-made cake for your morning tea. Fruit is also available. On some days lunch is self-made from fresh breads, salads and meats. On other days, where there is vehicle access to the track, the bus will bring us a tasty and nutritious picnic lunch. Enjoy pre-dinner nibbles with fellow guests each evening while your guides prepare a delicious two course meal for dinner. Feel free to bring alcohol and additional snacks e.g. muesli bars, nuts, chocolate etc. There will be time for you to purchase additional alcohol and supplies during the week.

Please let us know of any dietary requirements before you book your Cape to Cape track tour. We can happily adapt our menu to accommodate most dietary needs. Assistance is appreciated with clearing away and washing up but only if you feel like helping!

Transport

An air-conditioned coaster bus will take us from Perth to the Margaret River Region and back; and to and from the Cape to Cape track each day. As the transport from Perth is provided at no additional charge, discounts cannot be offered to those who choose to make their own way to Margaret River.

This walk includes

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- All meals, homemade from the best ingredients
- We pride ourselves on providing you with fresh, wholesome food. Enjoy healthy breakfasts, delicious home-made morning teas, fresh picnic and packed lunches, fruit and hearty two course dinners each day.

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- All transport via air-conditioned bus, departing from and returning to Perth
- Central pick-up points in Fremantle and Perth CBD. Transport each day to and from the track.

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- Charming accommodation at Margaret River Motel
- Charming motel style rooms in a quite nook of time. Have your own space as well as communal space to relax with fellow walkers.

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- Emergency support
- Wilderness first aid trained guides carry radios, satellite phones and a full first aid kit so you can walk without worry.

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- National Park entrance fees

Not Included:

Flights to Perth

Pre and Post Accommodation

Travel Insurance

Hard and Soft Drinks