

ALL WOMENS SRI LANKA GETAWAY



Day 1: Arrive Colombo

On arrival at the airport, meet your tour Manager at the arrival lounge who will assist with the transfer to the Negombo hotel. Stay for two nights in Negombo.

Day 2: Negombo

Enjoy a guided sightseeing tour of Negombo. Walk down the small fishing villages on the outskirts of Negombo to witness the large open air fish market. Later continue the city tour to visit the Dutch church and Port, St. Mary's Church and Temple. Evening enjoy welcome dinner at a local restaurant serving Sri Lankan Cuisine.

Day 3: Negombo – Dambulla

Today travel to Dambulla, on our way we stop by roadside fruit market to taste the seasonal fruits. Later visit the Dambulla Cave Temples an UNESCO World Heritage Site, the complex spans five caves and contains over 150 Buddha images, some which date as far back as the 1st century BC. Stay three nights in Dambulla.

4: Yoga & Cooking Class

Wake up early for a yoga session. Explore Dambulla's largest vegetable and fruits wholesale market. The harvest from the surrounding fields and villages is brought into the market for distribution to the rest of the country. Later we travel to a nearby organic farm to uncover the secrets of Sri Lankan recipes with a hands-on cooking class. Learn to cook a few Sri Lankan dishes like meat, vegetable and a traditional salad. Subsequently, enjoy a traditional lunch along with the dishes you have prepared.

Day 5: Excursion Sigiriya & Minneriya National Park

Discover the 5th century ancient clifftop fortress of Sigiriya, a UNESCO World Heritage Site. These imposing citadel sites are known as "Lion's Rock" and explore the ruins of ancient palaces, moats, shrines, frescoes and water gardens as you take in commanding vistas of the misty forests beyond. Afternoons proceed for a wildlife safari at Minneriya National Park. The Park is based largely around a huge tank (reservoir) and serves as an important gathering place for Sri Lanka's large elephant population. Besides elephants, Minneriya is also home to many species of mammals deer and bear.

Day 6 Dambulla to Kandy Today we travel to Kandy, en-route visit Matale Spice Plantation where you can see how herbs and spices are grown in their natural environment. Learn their medicinal value and use in Sri Lankan cuisine to enhance the taste of specialty meals. Later travel to Kandy and walk around the Royal Botanical Gardens of Peradeniya, these gardens have a long history dating back to the British Era. Now the garden houses thousands of beautiful plant species brought from around the world. Stay two nights in Kandy.

Day 7: Kandy Morning we enjoy a guided sightseeing tour of Kandy and visit the Temple of the Sacred Tooth Relic of Buddha a UNESCO World Heritage Site. Then walk around the Upper Lake area to enjoy the view of Kandy. Later visit Gem Museum and watch a short film on Gem Mining in Sri Lanka then explore the shop attached showcasing the finished jewellery. In the evening enjoy the spectacular Kandy Cultural Show.

Day 8: Kandy – Nuwara Eliya

Travel to Nuwara Eliya the 'Little England' of Sri Lanka, is set against beautiful backdrops of mountains, valleys, waterfalls and tea plantations. Visit a Tea Factory to witness the entire process of tea

making, the rolling, withering, and packaging. You will also get an opportunity to taste a fresh cup of tea and buy some as a souvenir. Evening enjoy Hi-Tea at the Colonial Hotel. Stay overnight in Nuwara Eliya.

Day 9: Nuwara Eliya - Ella - Yala

We wake up early and travel to Yala, en-route visit Ella. Climb the Ella rock and take a Tuk-tuk ride to visit nine arch bridge which is one of the iconic bridges in Sri Lanka. Continue to Yala and Stay for two nights.

Day 10: Yala

Get ready for an exciting wildlife jeep Safari at the Yala National Park. The highlights are the large herd of elephants, sighting of leopard, a large variety of water birds, sloth bear, spotted deer, toque monkeys, mongoose and crocodiles.

Day 11 - 13: Yala – Beach Resort Morning travel to Beruwela, en-route visit Galle and enjoy a guided walk-through Galle's historic 17C Dutch Fort a UNESCO World Heritage Site. This fascinating excursion will give you a memorable glimpse into life within Galle Fort – one of the best- preserved Colonial Forts in Asia. Rest and relax as you stay three nights at Beruwala/Ahungalla beach resort.

Day 14: Beach Resort - Colombo

After breakfast travel to Colombo and enjoy Colombo Tuk-Tuk Ride. Opportunity for last-moment shopping, followed by Farewell Dinner at a local restaurant. Late evening tour finishes

